



Every Person Is Capable

**NDIS Mental Health
Support Services**

Specialising in Complex Needs

Call us on 1300 89 89 48



Services EPIC provides:

- **Support Coordination - Level 2 and 3**
- **Psychosocial Recovery Coaches**
- **Daily Activities**
- **Social and Community Participation**
- **Increased Social and Community Participation**
- **Improved Living Arrangements**

Offering NDIS Services throughout Melbourne Suburbs, Geelong and Colac regions



EPIC Support Services is a Registered NDIS Provider

EPIC provides services throughout **all Melbourne Suburbs, Geelong and Colac** regions.

We provide individualised support for people living with **Mental Health Conditions, Intellectual Disabilities Acquired Brain Injuries and Autism** who are participants of the National Disability Insurance Scheme (NDIS). EPIC also specialises in dual diagnosis practices - Alcohol and Drug, Behaviours of Concern and Forensic issues.

EPIC is a community focused organisation that is dedicated to providing service excellence in mental health disability support services. We can give expert advice, information, and support in understanding the NDIS.

OUR MISSION AND VALUES GUIDE US IN ALL WE DO

Our Mission

To partner with people and communities to support life enhancing choices and opportunities for everyone to live, participate, work and belong in an inclusive world.

Our Vision

We envisage a community that respects and embraces uniqueness and diversity, where a person with a disability has equal opportunities to aspire, achieve and grow.

Our Values

**Empowerment
Participation
Inclusion
Choice**



Individually Tailored Services

EPIC's services are individually tailored and we currently provide a range of services to NDIS participants in Victoria. We collaborate with community service organisations and health professionals to ensure that participants, families and caregivers are receiving all the service requirements and support that they need. EPIC's individually tailored support approach puts you at the centre of the process.

All of EPIC's services focus on community inclusion. We are committed to ensuring all the participants we service have opportunities to fully participate in their chosen community, without stigma and discrimination. EPIC is also committed to Social Justice issues and passionate about people's rights.

Quality

EPIC ensures that all of its support, care and services are provided to the highest standard, and we are committed to achieving positive outcomes for all of our participants, their families and caregivers. EPIC values feedback from participants, families, care givers, service providers and EPIC staff, to ensure quality improvement in operations and service delivery.

Whether you need assistance with accessing the NDIS or getting the supports you need from your approved plan, EPIC Support Service can be there by your side throughout your entire NDIS journey.

Support Coordination

Level 2 Coordination of Supports

Level 3 Specialist Support Coordination

Psychosocial Recovery Coaches

Increase recovery and personal capacity

Daily Activities

In-Home support for youth and adults.

- ◆ Domestic duties
- ◆ Showers, dressing and bathroom assistance
- ◆ Finance and budgeting assistance

Social and Community Participation

We can support you to get out and about in the community. Whatever your age, situation or whenever you need us, EPIC can assist you to achieve your goals.

- ◆ Participating in group activities
- ◆ Playing sport
- ◆ Going to the movies
- ◆ Holidays and vacations
- ◆ Running errands or shopping
- ◆ Attending appointments
- ◆ Attending festivals, events and activities



Support Coordination

Level 2 Support Coordination—EPIC Support Coordinators will help put your NDIS plan into action! A Support Coordinator will assist you to understand how you can use your NDIS plan to meet your goals and manage those resources effectively to get the best outcome from your plan.

Level 3 Specialist Support Coordination—EPIC offers a higher level of support coordination for people whose situations are more complex and who need specialist support. A specialist Support Coordinator will assist you to manage challenges in your support environment which may include health, education, or justice services. The Specialist Support Coordinator aims to reduce barriers to participants implementing or using their NDIS plan as well as ensuring consistent delivery of service.

Our Support Coordinators will help you with as much or as little assistance as you need. No matter where you are in your NDIS plan journey, you can have a chat to our friendly team today about how we can help you maximise your plan and coordinate your supports.

Psychosocial Recovery Coaches

EPIC Psychosocial Recovery Coaches (PRCs) provide support to participants with a psychosocial disability to live full and contributing lives. Participants will be assisted to take more control of their lives and to better manage complex challenges of day to day living. Through strong and respectful relationships and skilled coaching, participants will be supported to build capacity, including strengths and resilience. PRCs work collaboratively with participants, their families, carers and supports to design, plan, implement and adjust a recovery plan. They collaborate with the broader service system and assist with the coordination of NDIS and



Daily Activities

Whatever your support needs, EPIC can tailor in home support plans to assist you with your daily life and home support needs. You choose the supports and frequency you require them, in line with your NDIS plan. We can assist you to live as independently as possible and help maintain your home living environment.

Social and Community Participation

If you are finding it difficult to stay or be involved in social and community activities, EPIC can be by your side to assist you at each stage you are building your social and community participation. We tailor services to your needs and goals. Our understanding and trained staff will be by your side at your desired pace and comfortability.

Improved living arrangements

You may be funded for assistance with accommodation and tenancy obligations. EPIC can assist you to find and apply for accommodation or support you to keep it. Whether you are sharing accommodation with someone else, or want to live independently, this support will help you to build the skills required to manage rental agreements, tenancy obligations and other accommodation related responsibilities.

Increased social and community participation

EPIC can assist you to strengthen your ability to participate in your community. This includes assistance with improving relationship and social skills, confidence with using transport, participation in recreation activities, peer support and life



Call us today to talk about how we can assist you.

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Website: www.epicss.com.au

Servicing throughout Melbourne suburbs, Geelong and Colac regions

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