

# NDIS BRAIN DISORDER SUPPORT SERVICE

Specialising in Complex Needs and High Intensity Supports

Call us on 1300 89 89 48



## **Services EPIC provides:**

- Specialist Support Coordination Level 3
- Support Coordination Level 2
- Psychosocial Recovery Coaches
- Core Supports Social and Community Access/Daily Activities
- Increased Social and Community Participation
- Psychosocial Support Provider
- Supported Independent Living (SIL) Provider
- Complex Needs and High Intensity Support Provider

Offering NDIS Services throughout Melbourne Suburbs, Geelong and Colac regions



# OUR MISSION AND VALUES GUIDE US IN ALL WE DO

#### **Our Mission**

To partner with people and communities to support life enhancing choices and opportunities for everyone to live, participate, work and belong in an inclusive world.

#### **Our Vision**

We envisage a community that respects and embraces uniqueness and diversity, where a person with a disability has equal opportunities to aspire, achieve and grow.

#### **Our Values**

Empowerment
Participation
Inclusion
Choice



#### **EPIC Support Services is a Registered NDIS Provider**

EPIC provides services throughout **Melbourne Suburbs**, **Geelong and Colac** regions. We provide individualised support for people living with **Brain Disorders** that include:

#### **Mental Health Disorders**

- ♦ Schizophrenia
- ♦ Bi Polar
- Borderline Personality Disorder (BPD)
- Dissociative Disorder
- ♦ Obsessive Compulsive Disorder (OCD)
- Behavioural Disorders
- Anxiety and Depression

#### **Neurodegenerative Disorders**

- Huntington's
- Dementia
- Alzheimer's
- Parkingson's

#### **Acquired Brain Injuries**

#### **Autism Spectrum Disorder (ASD)**

EPIC also supports individuals with:

- Alcohol and Drug addictions
- ♦ Behaviours of Concern—Has a Behavioural Support Plan (BSP)
- **♦** Justice issues

EPIC is a community focused organisation that is dedicated to providing service excellence in Brain Disorder Support Services. We can also give expert advice, information, and support in understanding the NDIS.

#### **Individually Tailored Services**

EPIC's services are individually tailored and we currently provide a range of services to NDIS participants in Victoria. We collaborate with community service organisations and health professionals to ensure that participants, families and caregivers are receiving all the service requirements and support that they need. EPIC's individually tailored support approach puts you at the centre of the process.

#### **Daily Activities**

In-home support to help maintain your independence in your chosen home and community.

#### We can assist with:

- Domestic duties
- Showers, dressing and bathroom assistance
- Making appointments
- Shopping and cooking
- Finance and budgeting assistance

#### **Social and Community Participation**

We can support you to get out and about and enjoy your community. Whatever your age, situation or whenever you need us, EPIC can support you to achieve your goals that may include:

- Participating in group activities
- Playing sport
- Going to the movies
- Holidays and vacations
- Running errands or shopping
- Attending appointments
- Attending festivals, events and activities





#### **Daily Activities/Social and Community Access**

EPIC can tailor in home support plans to assist with your daily life support needs. We can support you to live as independently as possible and help maintain your home living environment.

If you find it difficult to be involved in social and community activities, EPIC can be by your side to support you at each stage you are building your social and community participation. We tailor services to your needs and goals. Our understanding and trained staff will be by your side at your desired pace and comfortability.

#### Increased social and community participation

We understand that it can sometimes be difficult, overwhelming, or even anxiety provoking to try and get out of the house into the community or to a social event. EPIC can support you to build your capacity to improve your relationship and social skills, confidence using transport, participate in recreation activities, peer support and life choices. We can assist you at your pace with proven strategies to support you to strengthen your ability to live your best life and achieve your goals.

### **Supported Independent Living (SIL)**

At EPIC, we provide Supported Independent Living (SIL) Accommodation options and Support Services to NDIS participants with allocated funding. If you need a SIL accommodation option or you require SIL supports in your own home, we are here to help. Although we specialise in brain disorders, we also provide specialist disability supports to all NDIS participants funded for SIL in their plan. We have an experienced team that will work with you to develop SIL supports that are completely tailored to your individual needs. This can include supports that are 1:1, 1:2, 1:3, or even 2:1 (2 workers to one participant) support, and include any type of overnight support whether it be inactive or active. Epic is a provider of complex needs and high intensity supports for all disabilities. Our staff are trained in hoisting, medication assistance, personal care and mobility support.

#### **Support Coordination**

#### **Level 3 Specialist Support Coordination**

EPIC offers a higher level of support coordination for people whose situations are more complex and who need specialist support. A Specialist Support Coordinator will assist you to manage challenges in your support environment which may include health, education, or justice services. The Specialist Support Coordinator will aim to reduce barriers to participants implementing or using their NDIS plan as well as ensuring consistent delivery of service by service providers.

#### **Level 2 Support Coordination**

EPIC Support Coordinators will help put your NDIS plan into action! A Support Coordinator will assist you to understand how you can use your NDIS plan to meet your goals and manage those resources effectively to get the best outcome from your plan. Our Support Coordinators will help you with as much or as little assistance as you need. No matter where you are in your NDIS plan journey, you can have a chat to our friendly team today about how we can help you maximise your plan and coordinate your supports.

#### **Psychosocial Recovery Coaches**

EPIC Psychosocial Recovery Coaches (PRCs) provide support to NDIS participants with a psychosocial disability to live full and contributing lives. Participants will be assisted to take more control of their lives and to better manage complex challenges of day to day living. Through strong and respectful relationships and skilled coaching, participants will be supported to build capacity, including strengths and resilience. PRCs work collaboratively with people, their families, carers and supports to design, plan, implement and adjust a recovery plan. They collaborate with the broader service system and assist with the coordination of NDIS and other supports.





Call us today to talk about how we can assist you.

Ph: 1300 89 89 48

Email: info@epicss.com.au

Website: www.epicss.com.au

Servicing throughout Melbourne suburbs, Geelong and Colac regions

EPIC Support Services // Every Person Is Capable